



FACULTY OF THE HISTORY & PHILOSOPHY  
OF MEDICINE & PHARMACY

& FRIENDS OF THE ARCHIVES

# Barks, Berries & Bitter Pills

200 Years of Quinine & other Botanicals

Date: 6 May 2021

"Nature itself is the best physician" -  
Hippocrates

Chair: Dr William Parker

Speakers; Professor Michael Heinrich, Dr Noel Snell,  
Kim Walker, Professor Mark Nesbitt &  
Dr Yewande Okuleye

A one day symposium on plant based remedies within mainstream medicine to commemorate the 200th anniversary of quinine's discovery.

The event will now be online and will include talks, breakout rooms of objects, an online tour, a poster competition and a chance to mingle virtually with a glass of something after.

Event fee: £30pp  
Student fee: £15pp

For more details contact: Maria Ferran, Faculty Manager  
Email: [facultyhp@apothecaries.org](mailto:facultyhp@apothecaries.org)  
Telephone: 020 7236 1189

Members - [Click here](#) to book

Non-Members - [Click here](#) to book through Events

**Start time: 10:00am  
4:15pm-Concluding remarks  
followed by virtual  
drinks & nibbles**

**On Zoom**



## Barks, Berries & Bitter Pills 6<sup>th</sup> May 2021

### PROGRAMME

Posters will be shown on screen during breaks and in an online book

10.00 Welcome (Briony Hudson, Faculty President) and Introduction (Dr William Parker)

10.15 Speaker – Dr Noel Snell – *Plant-based treatments in Respiratory Medicine*

10.45 Speaker - Prof Michael Heinrich – *Quality, safety and evidence of herbal medicines from an ethnopharmacological perspective*

11.15 – 11.30 Break

11.30 In conversation with Prof Mark Nesbitt and Kim Walker – *Kew, Quinine and writing 'Just the Tonic'*

12.30 – 13.15 Break

13.15 Welcome back

13.20 – 14.05 Friends of the Archives session - split into 3 groups for a carousel of virtual tours:

Dr John Ford - *The Apothecaries' Physic Garden at Chelsea 1632 to 1898*

Janet Payne – *Agatha Christie at Apothecaries' Hall*

Nicholas Wood – *Botany in the Collections at Apothecaries' Hall: A brief tour of plants, pots and poisons*

14.05 – 14.15 Break

14.15 Speaker – Dr Yewande Okuleye – *Cannabis flowers: Poison or Medicine?*

14.45 Speaker - Kim Walker – *Recreating historical techniques for Quinine preparation*

15.15-15.30 Break

15.30 Panel discussion and opportunity for audience questions

16.10 Concluding remarks & results of poster competition

16.15 Remote drinks



# Call for Posters

As part of this event, there will be an opportunity for participants to showcase their work and ideas in the form of a poster. Posters should relate to the main theme of plant-based medicines, medical botany and natural products. We'd love to learn about your own research or ideas connected to the day's themes. Tell us about work you've been doing, ideas you've had or just pick a plant-based medicine that takes your interest and present its history and uses.

Accepted posters can be submitted by email for display on the Zoom meeting during breaks and in an online gallery.

Abstracts should be no more than 300 words, outlining the nature and purpose of the poster. Abstracts should include the title of the poster, the names of presenting and other authors, and their professional role and affiliation.

Deadline for abstract submissions is Friday, 14 April 2021

Abstracts should be sent to [facultyhp@apothecaries.org](mailto:facultyhp@apothecaries.org) with the subject line "Botany poster abstract" and the abstract as a Microsoft Word document attachment.

Abstracts will be reviewed by the organising committee, and those accepted will be notified by email by Monday, 22 April 2021.

Please note: Presenters must be registered to attend within a week of acceptance or their work will not be displayed.